

GUIDED HIKING HOLIDAYS IN THE FRENCH PYRENEES

Welcome to OutBreak Adventure Holidays. As well as our walking and mountain bike holidays in the French Alps, we also run small group guided walking holidays from our beautiful base in the French Pyrenees. Being in the mountains, yet only an hour from the coast and with the best weather in France – averaging 300 days of sunshine per year – means that we have the best of everything.

Our Pyrenean walking holidays are designed for anyone who is active and who enjoys discovering new places and wildlife on foot, while sharing these experiences with other like-minded people. On these holidays we offer a diverse range of walks, from coastal to high mountain and they include up to five days of guided walking with our qualified, resident guide, Gustav. Solo travellers are very welcome, with no supplementary charges.

Much of our walking takes place on the Canigou Massif, which is our local mountain range and offers a variety of challenges, including a possible attempt on the summit at 2,784 metres altitude. We will also spend at least one day exploring the coastline and visiting the lovely town of Collioure, where the Mediterranean meets the foothills of the Pyrenees.

Our guests can expect each day's walk to cover between 10 and 15 kilometres, over a period of four to eight hours, depending on the groups preferences and including ample time for a leisurely lunch in one of many picturesque spots. With our vehicle support you will also get to explore a variety of places in the region.

We do not have a set itinerary for the week and each day's walk will be decided the evening before, in consultation with the group. During the booking process and as much as practical, we also endeavour to ensure that guests on each week are of a similar ability.

Our base, Can Llouquette, is a haven of peace and tranquility, set in 11 acres of grounds and with its own swimming pool. Our holidays are fully catered and the meals will be fresh, healthy and accompanied by generous supplies of dinner table wine and beer.

Travel options include flying to either Perpignan airport or Girona airport – which is a hub for low cost airlines – and where we can collect you upon arrival. Travelling by train to Perpignan can also be recommended as an ideal way to start your holiday.

THE REGION

Our Pyrenean holidays are situated in the Vallespir valley, in the French Pyrenean mountains, a stone's throw from the Spanish border. You will have ample opportunities to explore the local area and Catalan culture during your stay.

The picturesque town of Prats-de-Mollo is 20 minutes away and you can continue on an exhilarating journey over the massif of Canigou and the border, to Mollo and Camprodon in Spain.

Arles-sur-Tech is 15 minutes away in the other direction, where you will find a beautiful abbey dating from the 13th century. Beyond that you will find Amélie-les-Bains, which is a thriving spa town. Céret is a little further down the valley and is famous for its modern art museum, where there are exhibits of Picasso, Soutine, Chagall, Matisse and Miro, amongst others.

During one of our coastal walks along the rocky Mediterranean shoreline, we will also visit the vibrant coastal town of Collioure, where there will be plenty of time to browse in the many interesting shops and galleries, or to simply relax and enjoy the atmosphere in one of the local cafés.



Our guide will help you spot and better understand some of the local wildlife, including the Lammergeier, Griffon vulture and Isard.

Our base, Can Llouquette, is a lovely old Catalan fruit farm, set in 11 acres of grounds. To find out more visit www.outbreak-adventure.co.uk/pyrenees



ACCOMMODATION AND CATERING

Can Llouquette (pronounced 'can yoket') is an old Catalan fruit farm situated in an idyllic location, half way up Mount Canigou and close to the village of Montferrer – in the Vallespir valley – above the river Tech.

The property has been renovated sympathetically and to a high standard during the last few years and is fully equipped. Accommodation is based on sharing either the main house or the gîte and facilities within the house are available to all of the guests.

The main house has two twin bedrooms, one single room, plus two bathrooms. It also has two living rooms, a traditional fireplace and large kitchen/dinning room, as well as a terrace overlooking the pool. The gîte has been renovated into light and friendly accommodation, with two twin bedrooms, both en-suite. It also has a fully equipped living room/kitchen.

Our holidays are fully catered and you will be looked after by our host during your stay. Included in the price is breakfast and a packed lunch on every day, plus a three course evening meal on six nights, leaving one night free to go and sample some of the local dishes in one of the many Catalan restaurants in the valley.

WHAT'S INCLUDED

- Five days of guided walking with our resident guide
- Transport around the region
- High quality farmhouse accommodation
- Hearty breakfast and packed lunch on all days
- Sumptuous three course evening meal on six nights
- Dinner table wine and beer
- Resident host to ensure that everything is taken care of
- Airport transfers (at an additional cost)

CONTACT INFORMATION

For dates and prices or to find out more about our holidays in the Pyrenees and French Alps visit our website, or get in touch.

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WIN A HOLIDAY FOR TWO

In association with Mountain Warehouse, the UK's best value outdoor store, OutBreak Adventure are offering you the chance to win a fantastic one week holiday for two, to either the French Alps or the Pyrenees. To enter, visit our website and take two minutes to complete the simple on-line form. Terms and conditions apply, see website for details.

www.outbreak-adventure.co.uk/competition

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